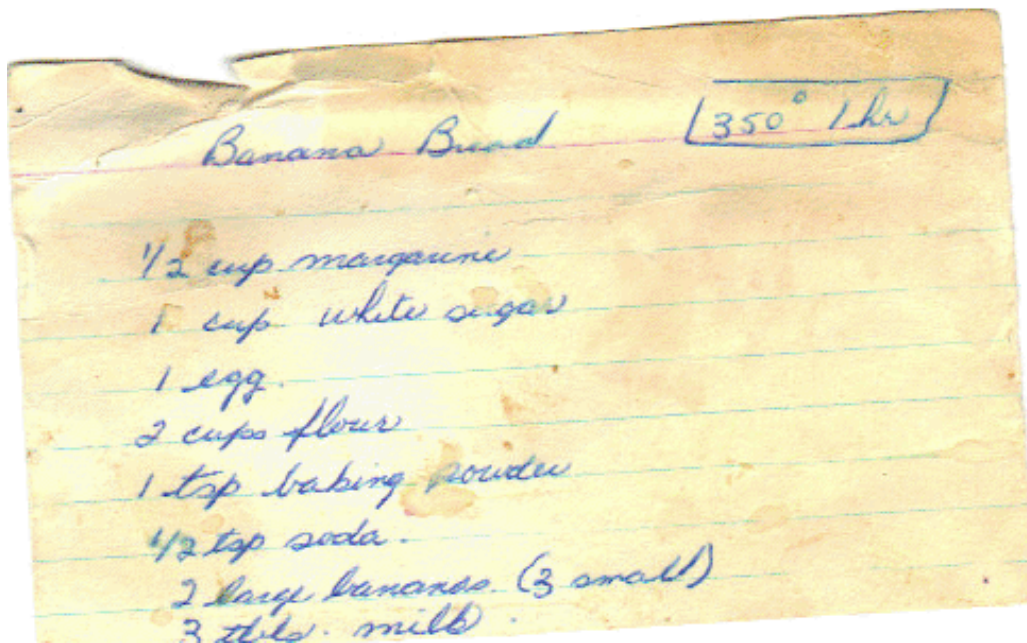




A JOCK'S GUIDE

Episode 2: Banana Bread

Source: Grandma Wilson



Directions

1. Grease a loaf baking pan. Set aside.
2. Mix margarine, sugar, egg and bananas in one bowl.
3. Mix flour, baking powder and baking soda in another bowl. Add cinnamon for taste (optional)
4. Add dry to wet and stir until mixed thoroughly.
5. Put into baking pan and lightly sprinkle top of the loaf with brown sugar.
6. Bake for 1 hour at 350 degrees. Check after 45 minutes.

